



# UNDERSTANDING YOUR **LUNG CANCER RISKS**

If you are at high risk of lung cancer, don't delay your screening. Lung cancer screenings find 80% of cancers at an early stage when it is more curable. Ackerman Cancer Center offers low-dose computed tomography (CT) scanning services, which are often able to detect early-stage lung cancers that may be too small for detection on traditional X-rays.

## **RISK FACTORS**

- ✓ Between 55-80 years old with commercial insurance, or 55-77 with Medicare
- ✓ Current cigarette smoker, or quit within the last 15 years
- ✓ Smoking history of at least 30 pack years (see formula below)

Pack years = your average number of packs smoked per day x the number of years smoked

**Example:**

2 packs a day X 10 years = 20 pack years



**Same day or next day appointments**



**Timely results and a clear plan of action**



**Specialized providers to answer any questions**

If you meet all risk criteria, you qualify for a lung cancer screening at **no cost** through Medicare or your insurance provider.

**Call us to schedule a Low-Dose CT scan with Ackerman Cancer Center.**

**Whole-Patient Cancer Care + Proton Therapy**

Jacksonville and Amelia Island | 904-880-5522

[AckermanCancerCenter.com](http://AckermanCancerCenter.com)



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# IS A LOW-DOSE CT SCAN ***RIGHT FOR YOU?***

## Screening saves lives.

- Screening may reduce your risk of dying from lung cancer; 4 fewer lung cancer deaths occur for every 1,000 people who are screened\*
- Early detection may lead to more treatment options, such as surgical removal for early-stage cancers
- Higher treatment success rate; early detection can lead to a longer life
- Potential to identify cancer prior to experiencing symptoms; 9 in 10 lung cancers are detected through screening\*

## Any diagnostic test comes with potential harms.

- “False alarm” results, which can occur in 365 out of 1,000 scans\*
- Invasive procedures as a result of a false alarm in up to 25 out of 365 false alarms\*
- Complications from surgery or biopsy, which can occur in 3 in 25 invasive procedures\*
- Over-diagnosis for cancers that grow slowly and may not lead to illness or death; occurs in an estimated 4 in 1,000 people\*

Exposure to radiation from a CT scan may cause cancer and other health problems over time, though the benefit of screening often outweighs this risk for current or former smokers.



Ackerman Cancer Center is at the forefront of cancer diagnostic and treatment technology.  
**Contact us today to schedule your CT scan.**



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\*Data adapted from results of the National Lung Screening Trial. Learn more at [cancer.gov/clinicaltrials/noteworthy-trials/nlst](https://cancer.gov/clinicaltrials/noteworthy-trials/nlst).